

Service Learning LESSON PLAN for Herrick High School Teenagers with Disabilities

Session Title	Healthy mouth, healthy you!		
Objective(s)	<p>Participants will be able to :</p> <ul style="list-style-type: none"> • Name and identify parts of the mouth • Establish a connection between good OHI and a healthy mouth • Know the importance of regular dental checkouts • Identify the consequences of bad OHI • What is a cavity • Explain what is dental • What to do when you're having dental pain • Give feedback and demonstrate on themselves how to brush and floss with assistance if applicable. 		
Activity	Time	Tasks	Materials
Ice Breaker/ Prior Knowledge	20 min.	<ul style="list-style-type: none"> - The group will each introduce themselves and explain the purpose of the healthy mouth, healthy you project. - A series of questions will be asked regarding home care such as: (questions will be asked verbally and be on display on the projector. The participant will respond verbally and by using a smiley, sad face sign)Did you brush this morning? Do you know what is a cavity? Does anyone floss? And if so how many times? Does anyone see their dentist? Do you like going to the dentist? 	-
Direct Instruction	25 min.	<ul style="list-style-type: none"> - An educational video will play describing the importance of brushing, flossing and rinsing to maintain a healthy mouth. - Following the video the PowerPoint presentation will play describing.....(Fill in a summary of the power point and a interactive activity) 	<ul style="list-style-type: none"> - educational video -PowerPoint presentation -Typodont - Samples of toothbrushes, toothpaste and floss holders will be given out - picture index cards will be handed out that describe OHI

Whole Group Practice	20 min.	The group members will take the participants to the bathroom and demonstrate a proper toothbrushing technique and flossing.	- brushes -floss holders -mirrors -gloves -bibs -hand sanitizers
Individual or Pair Share	20 min.	-The participants will in exchange demonstrate the techniques that were taught. -They will also be helped during OHI instruction.	- brushes -floss holders -mirrors -gloves -bibs -hand sanitizers
Review	20 min.	- A powerpoint review will be given in which.....(fill in)	- Powerpoint
Assigning Homework	10 min.	- A handout will be provided which reinforces the importance of maintaining a healthy mouth. Information is also provided for parents and teachers which describes important indicators of dental pain.	
Session Feedback	5 min.	- At this time questions will be answered by the participants and teachers. A small game will be played (insert game idea).	Handouts

Please type/write a short description for what will be covered in your session:

The main focus of this service learning presentation is for the participants of this specific group to interpret the information given and for them and to demonstrate the techniques that were taught. The participants will also have to make a connection between dental pain and seeking help. Handouts will be provided for the students, parents, teachers and nurses if present a handout describing common indicators of dental pain that the student may exhibit. Getting this message to the students is as important as delivering the message to their caregivers. Proper OHI techniques will also be taught and reinforced by the group members. To make this process easier each student will get undivided instruction and feedback. The importance of regular dental visits will also be emphasized because the students may be wary of health care professionals.