# LOCAL ANESTHESIA FOR THE MAXILLARY ARCH Injection Sites

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# This is only Highlights

- The Purpose of this PowerPoint Presentation is to highlight information from your book.
- You are responsible from your reading to know the suggested clock positions for either a right handed or left handed operator.
- The nerve anatomy
- Which injections anesthetize which areas of the mouth
- Know where the penetration site is for each injection
- Gate theory of pain transmission

 "Dental patients themselves are aware of the difference between local anesthesia administered by the dental hygienist and that administered by the dentist. They frequently comment on the lack of discomfort when the hygienist injects the local anesthetic. Be it a slower rate of administration, great attention to the details of atraumatic injection technique, or greater empathy, it works" ~STANLEY MALAMED

# Trigeminal Nerve $V_2$



From Fehrenbach MF, Herring SW: Illustrated Anatomy of the Head and Neck, ed 3, St. Louis, 2007, WB Saunders.



Anatomy of the Head and Neck, ed 3, St. Louis, 2007

### Where am I depositing the anesthetic solution?

Examples ASA MSA and PSA

Maxillary PSA Nerve Block — Main branch of the nerve.

Blocks for the Maxillary arch

- 1. Posterior superior alveolar
- 2. Infraorbital
- 3. Greater palatine
- 4. Nasopalatine(Incisive)
- 5. Maxillary nerve (V2)



## **Maxillary Block Dental Injections**

### **Block Injections:**

#### Infra-orbital Block provides:

- a) anesthesia to middle &
  - anterior superior alveolar nerves.
- b) is used for anesthesia of the maxillary premolars, maxillary canines, & maxillary incisors.

#### PSA provides:

- a) anesthesia to the PSA nerve
- b) is used to achieve pulpal anesthesia in the maxillary 3<sup>rd</sup> 2<sup>nd</sup> 1st molars in most patients.





From Fehrenbach MF, Herring SW: Illustrated Anatomy of the Head and Neck, ed 3, St. Louis, 2007, WB Saunders.

### **Maxillary Infiltration Dental Injections**

Supraperiosteal- Single tooth Infiltration **Regional Infiltrations (Field Blocks)** 

PSA (posterior superior alveolar)

MSA (middle superior alveolar)

ASA (anterior superior alveolar)

With all of the above type of injections, you will anesthetize the pulpal and buccal tissue.

Local anesthetic solutions in the Maxilla diffuse easily through bone, anesthetizing the nerves of the dental plexus

### Regional Infiltrations (Field Blocks)

- Local anesthetic is deposited near a <u>larger nerve</u> terminal branches
- Treatment is done <u>away</u> from the site of local anesthetic injection
- Maxillary injections administered <u>above</u> the apex of the tooth, near a larger nerve terminal are properly referred to as field blocks <u>not</u> local infiltrations



**FIGURE 11–1** Types of Injections Defined. A—Infiltrations involve deposition directly at or near small terminal nerve endings in the immediate area of treatment. *B—Field block injections involve depositions near larger terminal nerve branches.* C—Nerve block injections involve depositions near major nerve trunks at a greater distance from the area of treatment, which provide wider areas of anesthesia.



We are teaching you to deposit anesthesia at the **B** location

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### Notice:

- The 1<sup>st</sup> molar is innervated by PSA & MSA
- The regional infiltration (PSA; MSA;ASA) injections do not anesthetize the palatal tissue





Learning PSA Regional Infiltration not PSA Nerve Block

### What is the difference between a "Block" anesthesia and Regional Infiltration?

### Depth of Penetration of the Needle

 Block injections the penetration of the needle goes closer to the portion of the nerve before it divides







### Infiltration height of needle penetration



Deposits the anesthetic solution near the apex of the teeth usually achieved *within 3 to 6 mm*. More shallow on Maxilla and deeper on Mandible

# How to Retract for a Dental Injection?



### **Remember for all Injections**

The **Bevel** of the Needle should always face the bone Bevel toward the Bone



## Single Tooth Infiltration



Infiltration at apex of the tooth

an easy injection To learn

### Single Tooth Infiltration-Maxillary Arch

	Point of Insertion	Site of Deposition	Am ount Deposited
INFILTRATION	For Buccal Infiltration: Height of mucobuccal fold buccal to tooth	Apex of tooth	@ 1/4 carpule or less
YEAN			0.4ml 2 stopper widths
	****	****	***
	For Lingual Infiltration: In palatal mucosa, lingual to tooth	In palatal mucosa, lingual to tooth	@1/8 carpule
Figure 9B			

### Single Tooth Infiltration-Maxillary Arch



#### **Needle pathway:**

Generally, parallels the long axis of the tooth **or** slope of the alveolus

Passing through thin mucosal tissues to superficial fascia containing loose connective tissue, small vessels and microvasculature, and nerve endings.

Depositing anesthetic solution slightly above the apex of the root of the tooth being anesthetized

Notice \_the needle is not "Hubbed" and about 3mm of the needle is inserted into the tissue

## Papillary infiltration

Technique: In the center of the interdental papilla toward the base Deposit: enough anesthetic to cause blanching-about 1 stopper width (0.2ml)



Location: insertion of the needle is correct **Technique correction:** Do not allow the needle to deflect Clinician should keep needle straight



Papilla should be "blanched" or white upon completion of the injection

## Papillary Infiltration-Maxillary

Photos taken by Prof. Cortell





Correct location for insertion & the needle is not deflected **Technique Correction**: poor retraction of the lip

## Regional Infiltration Techniques For the Maxilla: ASA MSA PSA

PSA

Α

GPN

**FIGURE 11–1** Types of Injections Defined. A—Infiltrations involve deposition directly at or near small terminal nerve endings in the immediate area of treatment. *B—Field block injections involve depositions near larger terminal nerve branches.* C—Nerve block injections involve depositions near major nerve trunks at a greater distance from the area of treatment, which provide wider areas of anesthesia.



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## Anterior Superior Alveolar Injection ASA Injection



## Maxillary ASA

#### Technique:

- Retract the tissue with a firm grip (gauze may help)
- Hold the tissue to create a soft "C" so you do not distort the anatomy of the Vestibule or move frenum positions
- Insertion point is the height of the vestibule, in the area mesial to the canine eminence
- Injection rate: slow deposition, rate
- Deposit: 0.6ml to 0.9ml or about 3 to 4.5 stopper widths



### Maxillary ASA



Identifying the point of insertion



Retraction using gauze and **correct angulation** of the syringe barrel to the slope of the alveolus

### Maxillary ASA



Correct point of insertion

**Poor retraction technique-** "Flapping the tissue upward, no soft "C" of the vestibule and frenum is displaced.

**Angulation of the syringe** should have been closer to the teeth creating a more parallel position to the slope of the alveolus



Max ASA Correct location for insertion & **Wrong syringe Angle** 

## Middle Superior Alveolar Injection MSA



### **Middle Superior Alveolar Nerve Block**

Middle Superior Alveolar Nerve is not present in <u>28%</u> (your book says 20%) of the population

MSA provides anesthesia to <u>1<sup>st</sup></u> and <u>2<sup>nd</sup></u> premolars and mesiobuccal root of maxillary <u>1<sup>st</sup></u> molar; anesthetizes <u>buccal</u> periodontium and bone

## MSA

#### Technique:

- Retract the tissue with a firm grip (gauze may help)
- Hold the tissue to create a soft "C" so you do not distort the anatomy of the Vestibule or move frenum positions
- Insertion point is the height of the vestibule, adjacent to the 2<sup>nd</sup> maxillary premolar & the syringe barrel is parallel to the 2<sup>nd</sup> premolar.

### **Operators seating position**: 10 o'clock for a right side MSA & 8 to 9 o'clock for

a left MSA

#### Injection rate: need to verify

**Deposit:** 0.6ml to 0.9ml or about 3 to 4.5 stopper widths







Correct site for needle insertion



Incorrect site for insertion too close to the bone

#### Note depth of penetration is about 3 mm of needle below the mucosa



### MSA



Correct site of insertion and retraction for the MSA injection Barrel of the syringe is parallel-although in the photograph it maybe hard to see

Technique correction: The operators thumb is in poor position.
# MSA Injection Video

http://youtu.be/geVmWb3IFFQ

# Posterior Superior Alveolar Injection

**PSA** 



## PSA

#### Technique:

- Retract the tissue with a firm grip (gauze may help)
- Hold the tissue to create a soft "C" so you do not distort the anatomy of the Vestibule or move frenum positions
- Insertion point is the height of the vestibule, adjacent to the 2<sup>nd</sup> maxillary molar
- **Operators seating position(right handed)**: 10 o'clock for a right side PSA & 8 to 9 o'clock for a left PSA
- Injection rate: need to verify

Deposit: 0.6ml to 0.9ml or about 3 to 4.5 stopper widths





Correct site for needle insertion Good retraction

# **Complication: Hematoma**

 Insertion of the needle too far distally may lead to a temporarily unesthetic hematoma. Penetration sites near the alveolar ridge rather than into the more forgiving site at the mucobuccal fold increases risk for contact with bone and subsequent tearing of the PSA artery or vessels within the pterygoid plexus of veins. Boney resistance may also indicate too great of an angle toward the midline.

# **Management of Hematomas**



- Apply pressure and ice to permit clotting
- Instruct patient to apply ice over the next 6 hours
- avoid anticoagulant pain relievers
- Inform patient of future discoloration

# **Complication: Trismus**

- Caused by intramuscular injection of the anesthetics in the pterygomandibular space. It can occur even 2 – 5 days after inferior alveolar block anesthesia. \*\*We Do <u>NOT</u> Do This Injection!
- Persistent pain at the site of injection is the most common complication of local anesthesia in the oral cavity .
- The complication of trismus after local anesthetic injection is rare and may be prevented by the use of short needles for maxillary posterior injections, and by the avoidance of multiple injections in a short period time.
- Treatment consisting of heat, analgesics, muscle relaxants, and exercises.

# **Maxillary Palatal Injections**

The Gate Control Theory of Pain Perception is important concept for all palatal injections

Basis for "pressure" pre-anesthesia: administered by holding a cotton-tipped applicator or smooth instrument handle against the tissues to minimize needle puncture discomfort

Topical Anesthesia is NOT recommended for palatal injections



## **Nasopalatine Nerve**



## **Nasopalatine Nerve**



### Nasopalatine Infiltration Incisive Papilla Injection

Using a Cotton applicator or the back end of a dental mirror apply pressure to the opposite side where you plan to inject to minimize needle puncture discomfort

#### **Technique:**

- position the patient so you have direct vision of the Incisive papilla
- Insertion point: at the widest point of the incisive papilla and where the papilla attaches to the palate
- Align the syringe barrel at a 45-degree angle to the palate
- **Deposit**: until papilla blanches  $\sim 0.4$ ml about 2 stopper widths





#### The Gate Control Theory of Pain Perception

Basis for "pressure" pre-anesthesia by using pressure specially on the palatal injections
The gate control theory of pain asserts that non-painful input closes the nerve "gates" to painful input, which prevents pain sensation from traveling to the central nervous system.
Gate Control Theory of Pain describes how non-painful sensations can override and reduce painful sensations.

A painful, nociceptive stimulus stimulates primary afferent fibers and travels to the brain via transmission cells. Increasing activity of the transmission cells results in increased perceived pain.

Conversely, decreasing activity of transmission cells reduces perceived pain. In the Gate Control Theory, a closed "gate" describes when input to transmission cells is blocked, therefore reducing the sensation of pain.

An open "gate" describes when input to transmission cells in permitted, therefore allowing the sensation of pain.



### Nasopalatine (incisive papilla) Injection Pressure Anesthesia



• https://www.rdhmag.com/career-profession/article/16405257/anesthesia-during-perio-maxillary-injections-useful-for-adult-nonsurgical-periodontal-therapy

# Nasopalatine Injection Technique

soft tissue only



Correct site of injection & correct angle of the syringe Not recommended to use topical on the palatal injections



Correct use of the cotton applicator **Incorrect** angle of the syringe

## **Nasopalatine Post Injection**





# Anterior Middle Superior Alveolar Nerve Block





# AMSA

• AMSA nerve block derives its name from the anesthesia of the anterior & middle superior alveolar nerves *due to diffusion* of the anesthetic solution via numerous nutrient channels on the palatal process of the maxillary bone



• Both nerves are collateral branches of the infraorbital nerve and part of the maxillary nerve

# Palatal AMSA Injection

PALATAL AMSA	Midway between mid palatal suture and free gingival margin in line with the interproximal of the premolars Keep needle bevel toward bone	Apex of the premolars on palate Make sure there is adequate thickness of mucosa. If not, move slightly to an area where there is.	Approx. 1/4 - 1/2 carpule Deposit: usually ½ carpule depending on the tightness of the tissue and inject until adequate blanching
	Т	AMSA eeth anesthetized central, canine, lateral, premolars Periodontium:	d:

to incisors and premolars,

palatal to molars

### Determining the Penetration Site for the AMSA Injection

- This technique is performed by approximating an imaginary line between the two maxillary premolars on the side to be anesthetized and drawing this line down to the junction of the alveolar process and the palatal process. Needle penetration at a 45-degree angle into the palate and delivery of anesthetic upon gentle contact with bone permits the provider to observe appropriate blanching both anteriorly and posteriorly to ensure appropriate diffusion of anesthesia.
- Delivery of anesthesia at the AMSA point of penetration maximizes diffusion of anesthesia through the palatal bone and into the maxillary dental plexus, providing both palatal and buccal anesthesia in the quadrant of choice.



#### Determining the Penetration Site for the AMSA Injection





#### Determining the Penetration Site for the AMSA Injection



After you have used Cotton tip applicators to approximate the location for AMSA injection

-Use the cotton tip to "find a depressible" area in the hard palate

- Usually if you are in a good location you will observe with the pressure of the applicator the palatal tissue will start to "Blanch"

-the photograph maybe deceiving, but the applicator is midway between the palatal suture and the line bisecting the premolars.



## **AMSA Site of Penetration**



For the AMSA injection the pathway of insertion comes from the opposite side of the mouth. **Technique suggestion**: Notice the student is using her mirror as stabilization of the syringe barrel

# AMSA Using a Traditional Syringe



Note: the color difference between the right palate and the left side of the palate



# AMSA Using a CCLAD

• The use of a computer-assisted injection system is recommended as the best method for administering

AMSA injections.





LEARN MORE

# AMSA technique explained by Bassett

### https://youtu.be/TJX SybuQRQ



Use a Cotton tip applicator to determine thickness (spongy)

### Combination of the AMSA Injection and PSA Injection

### Advantages:

- 1. Entire Maxillary Quadrant anesthetized with 2 injection
- 2. Minimizes volume of the anesthetic & vasoconstrictor used.
- 3. Very good anesthesia
- 4. Maxillary Lip & Face are not anesthetized
- 5. Duration with CCLAD: 55 to 90 minutes

#### Disadvantages:

- 1. Due to slow administration
  - may cause operator hand fatigue
- 2. Anxious patent may not be able to tolerate the administration time

# **AMSA Injection Technique**

Observe the slow diffusion of solution in the palate by observing the blanching pattern.

A typical maximum rate of deposition that allows optimal diffusion without tissue trauma is 0.5 ml over 60 seconds, which is **1 cartridge over 3 minutes** when using 2% drugs.

In some instances, these slow rates can lead to hand fatigue.

If patients are unwilling or unable to tolerate long administration times, this technique should be avoided.





### Incorrect AMSA Injection Technique



- Tissue trauma created by inadequate depth of tissue
  - the injection was not in an area where the tissue was spongy

### Greater Palatine Infiltration Injection



### Greater Palatine Infiltration Injection



- GP nerve will anesthetize structures innervated by the greater palatine nerve and its terminal branches
- Includes posterior portion of hard palate and overlying soft tissues
- Anteriorly as far as the first premolar and medially to the midline
- Does not provide pulpal anesthesia

# **Greater Palatine Injection Site**



Technique Hint: Where you inject for the AMSA visualize a straight line down to the palate in the are of the 2nd molar

# **Greater Palatine Injection Site**





The Injection site is on the palatal tissue  $\sim 1$  to 2 mm anterior to the GP foramen, use a cotton applicator to identify where the GP foramen is.

-Pathway of insertion is across the arch

-Technique hint: if you know where to inject for the AMSA then visualize a straight line down the palate in the are of the 2<sup>nd</sup> molar

### **Greater Palatine Injection**

Photos taken by Prof. M. Cortell





Upon completion of the injection the palatal tissue should appear "white" or blanched.

## Local Anesthesia Documentation

By Dr. Andrew Moshman, DMD

## What Are We Documenting?

1) How much local anesthesia we administer

2) How much epinephrine we administer

3) Where we are administering the local anesthesia
Documenting Amount of Local Anesthesia and Epinephrine

- We can document the number of cartridges of anesthesia+epinephrine that we administer
  OR
- We can document the exact mg of local anesthetic and epinephrine that we administer

Calculating and Documenting the Exact Amount (mg) of Local Anesthetic and Epinephrine

Example: One, <u>1.7ml Cartridge</u> 2% Lido with 1:100,000 Epi

- Total mg of Anesthetic in 1.7mL cartridge with 2% concentration: 1.7ml x 20mg/ml = 34mg Lidocaine
- Total mg of Epinephrine in 1.7mL with 1:100,000 Epi Concentration: 1.7ml x 0.01 mg/ml = 0.017mg epinephrine/cartridge ~ 0.02mg Epi
- We round the 0.017mg Epi/cartridge  $\rightarrow$  0.02mg Epi per cartridge
- So, one 1.7ml cartridge of 2% Lidocaine with 1:100,000 epi has: 34mg Lidocaine with 0.02mg Epi

Example: Two, <u>1.7ml Cartridges</u> 2% Lido with 1:100,000 Epi

 We already know that ONE 1.7ml cartridge of 2% Lido w/ 1:100K epi = 34mg lido with .02mg Epi

 Therefore, TWO 1.7ml cartridges of 2% Lido w/ 1:100k epi = 68mg lido with .04mg Epi (oh, look...that's that cardiac dose..)

Example: HALF, 1.7ml Cartridges 2% Lido with 1:100,000 Epi

 We already know that ONE 1.7ml cartridge of 2% Lido w/ 1:100K epi = 34mg lido with .02mg Epi

 Therefore, HALF of a 1.7ml cartridge of 2% Lido w/ 1:100K epi = 17mg Lidocaine with .01mg Epi

Example: One and a Half, <u>1.7ml Cartridges</u> 2% Lido with 1:100,000 Epi

- We already know that ONE 1.7ml cartridge of 2% Lido w/ 1:100K epi = 34mg lido with .02mg Epi
- We also know that HALF of a 1.7ml cartridge of 2% Lido w/ 1:100K epi = 17mg Lidocaine with .01mg Epi
- So all we need to do is add the values for One Cartridge and a Half Cartridge= Lidocaine: 34mg + 17mg = 51mg Lidocaine
  Epinephrine: .02mg + .01mg = .03mg Epinephrine

#### What about 3% Carbocaine?

 Total mg of Anesthetic in 1.7mL cartridge with 3% concentration: 1.7ml x 30mg/ml = 51mg Carbocaine

### What about 3% Carbocaine?

- For the same size cartridge (1.7mL), Carbocaine has a 3% concentration.
- Lidocaine has a 2% concentration.
- Therefore Carbocaine is 3/2 = 1.5% times as concentrated.
- If there is 34mg Lidocaine in a 1.7mL cartridge at 2% concentration, then for the same volume (1.7mL) there will be 1.5 times as much Carbocaine at 3% concentration
- 34mg x 1.5 = 51mg carbocaine in a 1.7mL cartridge

## One Cartridge 0.5% Marcaine 1:200K epi?

Total mg of Anesthetic in 1.7mL cartridge with 0.5% concentration:

1.7ml x 5mg/ml = 8.5mg Marcaine

• Total mg of Epinephrine in 1.7mL with 1:200,000 Epi Concentration:

1.7ml x 0.005 mg/ml = 0.0085mg epinephrine/cartridge ~ 0.01mg Epi

Is there an easier way to arrive at these numbers? What if we just compare it to what we know about one cartridge of 2% Lidocaine 1:100K epi?

## One Cartridge 0.5% Marcaine 1:200K epi?

- First, let's focus on the amount of local anesthetic: 0.5% Marcaine versus 2% Lidocaine 0.5/2 = 0.25 = ¼.
  →0.5% Marcaine is ¼ as concentrated as 2% Lidocaine
- So if one cartridge of 2% lido 1:100K epi has 34mg of anesthetic, and Marcaine has ¼ the concentration, then

34mg x 1/4 = 8.5mg anesthetic in 0.5% Marcaine

## One Cartridge 0.5% Marcaine 1:200K epi?

- Now, let's focus on the amount of Epinephrine. 1:200K Epi is HALF as concentrated as 1:100K Epi
- We know that one catridge of 1:100K Epi Lido has ~ .02mg Epi
- So 1:200K Epi Marcaine has HALF that  $\rightarrow$  .02/2 = .01mg Epi

By Memorizing the values for Total Anesthetic and Total Epinephrine in 2% Lido 1:100k Epi, we can easily use that to calculate the amount of LA+Epi in anesthetics with different concentrations. Documenting (without calculating) the Exact Amount (mg) of Local Anesthetic and Epinephrine

- This is the easy method:
- If you administer one 1.7mL carpule of 2% Lidocaine 1:100K epi, you write exactly that.
- → "Administered <u>One</u> 1.7mL carpules of 2% Lidocaine 1:100K Epinephrine"
- If you give two 1.7mL carpules of 2% Lidocaine 1:100K epi, you write exactly that.
- $\rightarrow$  "Administered <u>Two</u> 1.7mL carpules of 2% Lidocaine 1:100K Epinephrine"

What if you Administer One Cartridge of Septocaine and One Cartridge of Lidocaine?

"Administered One 1.7mL cartridge of 4% Septocaine 1:100K epi and One 1.7mL cartridge of 2% Lidocaine 1:100K epi"

What's missing from Above????

WHERE the Local Anesthetic was administered!!

How To Document WHERE the Local Anesthetic was Administered??

You write exactly **WHERE** or **HOW** you administered it!!

## Local Anesthetic Injection Locations

- Anterior Superior Alveolar Infiltration
- Middle Superior Alveolar Infiltration
- Posterior Superior Alveolar Infiltration
- Greater Palatine
- Lesser Palatine
- Nasopalatine
- Long Buccal Infiltration
- Mental Infiltration
- Lingual Infiltration
- Inferior Alveolar Nerve Block\*\*
- Local Infiltration of Teeth #\_

#### Let's Practice!!

 How would you document giving two cartridges of 2% lido 1:100K epi for Scaling and Root Planing around teeth #3,4,5

## Two cartridges of 2% lido 1:100K epi for Scaling and Root Planing around teeth #3,4,5

- Administered two 1.7ml carpules 2% Lidocaine 1:100K Epinephrine via local infiltration #3,4,5
- Administered 68mg Lidocaine and 0.04mg Epi via local infiltration #3,4,5
- Administered 68mg Lidocaine and 0.04mg Epi via PSA/MSA Infiltration
- Administered 68mg Lidocaine and 0.04mg Epi via URQ posterior buccal infiltration (this is the least specific way to document where you administered)

# What if you use multiple kinds/amounts of local anesthesia?

 Dr. Moshman is doing a crown prep on #19. He gives an IAN injection with one cartridge of Carbocaine and one cartridge of 2% Lidocaine 1:100K Epi. Then he gives an additional cartridge of 4% Septocaine with 1:100K Epi just for #19.

• How should he document it?

Dr. Moshman is doing a crown prep on #19. He gives an IAN injection with one cartridge of Carbocaine and one cartridge of 2% Lidocaine 1:100K Epi. Then he gives an additional cartridge of 4% Septocaine with 1:100K Epi just for #19.

#### Local Anesthesia: 51mg Carbocaine via Left IAN 34mg Lidocaine with 0.02mg Epi via left IAN 68mg Septocaine with 0.02mg Epi via local infiltration #19

What are there some other ways to document the type/amount/location of the local anesthesia administered?