## **Universal Curet**

Total points 100/100



This clinical competency will be performed on students-partners. Faculty will assign 2 anterior and 2 posterior teeth and assign the aspect (F/L). If a tooth is missing or can not be instrumented due to other reasons inform the faculty immediately, so a different tooth could be assigned.

Faculty: Please vary assigned teeth between maxilla and mandible.

**Students:** remember that the entire tooth surface assigned must be instrumented. For example: on anterior teeth surfaces towards and away on the assigned aspect (facial/lingual).

This clinical competency is worth 10% of the total clinic grade.

0 of 0 points

50 of 50 points

Positioning/Ergonomics	s 2 pts each task (	up to 10 pts) *	
	S	U	Score
Patient is in proper position for area to be treated			2/2
Bracket tray within easy reach & instruments are in proper/neat order in cassette holder			2/2
Unit light is positioned at arms length, in proper position in relation to treatment area. Illumination of treatment area is maintained throughout instrumentation			2/2
Assumes the recommended clock position for area to be explored		0	2/2
Establishes & maintains neutral positioning		0	2/2

Instrument Grasp: Dominant Hand (2 pts each, up to 8 pts) *			
	S	U	Score
Grasps handle with the tips of finger pads of index finger & thumb so that these fingers are opposite each other on the handle but do NOT touch or overlap			2/2
Rests pad of middle finger lightly on instrument shank; middle finger is in contact with fulcrum finger			2/2
Positions the thumb, index, and middle fingers in the "knuckles up" convex position; hyperextended joint position is avoided			2/2
Maintains a relaxed grasp; fingers are NOT blanched in the grasp			2/2

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Ion-dominant Hand (1 p	t each, up to 2 po	ints) *	
	S	U	Score
Appropriate fulcrum method is used	•	0	1/1
Mouth mirror used appropriately for retraction and/or indirect vision or illumination, finger retraction used anteriorly			1/1

Technique 2 pts each (up	o to 20 pts) *		
	S	U	Score
Establishes & maintains secure finger rest that is appropriate for the tooth to be treated. Fulcrum finger is straight, supporting the weight of the hand & instrument; fulcrum finger position is "advanced/ahead of" the other fingers in the grasp			2/2
Insertion: Establishes 0°- 40° angulation (face hugs tooth surface) in preparation for insertion			2/2
Adaptation: Toe 3rd used & in contact with surface; pivots & rolls handle to maintain adaptation			2/2
Angulation: establishes & maintains throughout (terminal shank parallel to surface)			2/2
Activation: Demonstrates using a short, biting stroke in a coronal direction			2/2

to snap a deposit from the tooth; does NOT close face against tooth surface during activation		Universal Curet		
Maintains appropriate lateral pressure against the tooth throughout the stroke while maintaining control of the working end			2/2	
Thoroughly instruments proximal surfaces below each contact area. Correct stroke direction used for the tooth surface instrumented.			2/2	
Uses hand/forearm as a unit (wrist activation), does NOT pull with thumb & index finger (digital)			2/2	
Sequence: Surfaces toward & away, beginning at midline of tooth	•	0	2/2	
Maintains neutral wrist position throughout motion activation			2/2	

Proper tooth/working er	nd selection 5 pts	each (up to 10 pts) *	
	S	U	Score
Selects correct tooth/teeth to be instrumented		0	5/5
Selects correct working-end for tooth surfaces to be explored		0	5/5
Comments/feedback * Good job on adaptation an	d angulation		
Posterior teeth			50 of 50 points
Teeth assigned, include	aspect (F/L) *		
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Positioning/Ergonomics	s 2 pts each task (	up to 10 pts) *	
	S	U	Score
Patient is in proper position for area to be treated			2/2
Bracket tray within easy reach & instruments are in proper/neat order in cassette holder			2/2
Unit light is positioned at arms length, in proper position in relation to treatment area. Illumination of treatment area is maintained throughout instrumentation			2/2
Assumes the recommended clock position for area to be explored		0	2/2
Establishes & maintains neutral positioning		0	2/2

Instrument Grasp: Dominant Hand (2 pts each, up to 8 pts) *			
	S	U	Score
Grasps handle with the tips of finger pads of index finger & thumb so that these fingers are opposite each other on the handle but do NOT touch or overlap			2/2
Rests pad of middle finger lightly on instrument shank; middle finger is in contact with fulcrum finger			2/2
Positions the thumb, index, and middle fingers in the "knuckles up" convex position; hyperextended joint position is avoided			2/2
Maintains a relaxed grasp; fingers are NOT blanched in the grasp		0	2/2

Non-dominant Hand (1 p	ot each, up to 2 p	ts) *	
	S	U	Score
Appropriate fulcrum method is used			1/1
Mouth mirror used appropriately for retraction and/or indirect vision or illumination			1/1

echnique 2 pts each (up	to 20 pts) *		
	S	U	Score
Establishes & maintains secure finger rest that is appropriate for the tooth to be treated. Fulcrum finger is straight, supporting the weight of the hand & instrument; fulcrum finger position is "advanced/ahead of" the other fingers in the grasp			2/2
Insertion: Establishes 0°- 40° angulation (face hugs tooth surface) in preparation for insertion			2/2
Adaptation: Toe 3rd used & in contact with surface; pivots & rolls handle to maintain adaptation			2/2
Angulation: Between 70-80 degrees (terminal shank tilted slightly toward the tooth surface)			2/2
Activation: Demonstrates using a short, biting stroke in a coronal direction to snap a deposit			2/2

trom the tooth; does NOT close face against tooth surface during activation			
Maintains appropriate lateral pressure against the tooth throughout the stroke while maintaining control of the working end		2/2	
Thoroughly instruments proximal surfaces below each contact area. Correct stroke direction used for the tooth surface instrumented.		2/2	
Uses hand/forearm as a unit (wrist activation), does NOT pull with thumb & index finger (digital)		2/2	
Sequence: Begins at distal line angle & proceeds distally. Removes explorer & reinserts at distal line angle proceeding to mesial	0	2/2	
Maintains neutral wrist position throughout motion activation		2/2	

Proper tooth/working en	d selection (5 pts	s each, up to 10 pts) <sup>•</sup>	*
	S	U	Score
Selects correct tooth/teeth to be instrumented			5/5
Selects correct working-end for tooth surfaces to be explored			5/5
Comments/feedback * Improve patient positioning	]		
Deductions, Grading, and Feedback			0 of 0 points
Any deductions from this se	ection are applied	to the total clinical con	npetency grade
Deductions for Profession		nce, demeanor, attitu	de, composure,
Deductions for Infection per violation	Control or Safety	Violation(s) up to 5	% from total grade

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Faculty *
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