

## Clinic Session #2 Lesson Plan

Students set up their cubicles prior to the beginning of the session.

Assigned to watch a Video on Hand Strengthening Exercises at home and bring in Power Putty kits for practice. Please check if all students have their Power Putty kits.

### Learning objectives:

- Demonstrate proper hand strengthening exercises
- Understand Mathematical Principles and Anatomical Descriptors
- Become familiar with Patient and Operator Positioning
- Demonstrate uses of Mouth Mirror

Upon the start of the session gather students in Radiology Lab A-713 for presentation of the following PowerPoints – available for your review in Faculty OpenLab (**up to 1 hr**):

- Patient/Operator positioning
- Uses of the Dental Mirror

Bring students back to their assigned sections and in small groups demonstrate the following:

*\*Please use your discretion to combine sections, allowing groups of students assigned to faculty new to DEN1100 to observe more experienced instructors.*

**Hand Strengthening Exercises** – have students repeat with you, all can work together in small circle. **10 minutes.**

**Mathematical Princ. & Anatomical Descriptors: 10 minutes**

- Positioning
- Clinician Clock positions
- Light usage
- Instrument Design & Grasp

**Mouth Mirror (MM) uses: 10 minutes**

- Dominant & Non-dominant hand
- Lip retraction techniques (using MM and using finger rests, Maxilla and Mandible)
- A/W syringe use

**Divide the remainder of the clinic time equally between the 2 partners (split session), practice positioning, light use, and uses of the MM.**

Provide written feedback to students in gradebooks.