Technical Advisor: Ryoya Terao Producer/Director: Christian Marrast Video Production - Mirrors ENT 4499

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## **Project Reflection**

Under the guidance of Technical Advisor Ryoya Terao, I've learned more about myself, my concept, and my method of creation through this project than I had anticipated.

I learned that just as within life, it is crucial to be prepared to let go of what ideas you hold as concrete and allow new ones to form. This concept allowed my project to take shape from a product-based documentary to an in-depth personal story of my own experience that led to the creation of Mirror One.

With the documentation of my work over this semester I can look at the evolution of concept and how important it is to question what I once held on to and create a safe space for healthy dialogue about how to improve my work.

Also equally important, is to define done.

When you define "done", you can have one complete and identifiable end goal. Instead of working endlessly to an ever-moving goal post.

Lastly, handle feedback as a listening experience and be open to suggestion by avoiding the notion to label opposing ideas as criticism.