**WEEKLY WRITING JOURNAL: Week of March 17 – March 23, 2019**

After establishing my task with my supervisor, I requested a word file of the documentation. For one reason or the other, there was not one. Being that the document was only available in a pdf file, I had to find ways to convert the text into a word file or retype it. At first, I attempted to convert the document using adobe acrobat pro, but the text did not translate well, and 80 % of the material was filled with errors. I kept the basic formatting of the document but I ended up having to retype the text. After doing so, I then highlighted content that I found to repetitive or mundane. I decided that the information I highlighted would be what I suggest to be removed from the document.

While I retyped this document, I also began to do some research for the information pamphlet. First, I Identified the most necessary and helpful information to parents. I concluded that my information pamphlet should include: facts and figures of the rate and demographics of child obesity, what it is, and what causes obesity and finally how to prevent or combat obesity. I figured that being space, Is limited on a pamphlet I should try to convey the most crucial information as quickly as possible. I compiled a document that contained all the information that I want to include and emailed it to my supervisor.