

Pave Your Way – Career Planning 101 (PDC)
3:30pm-4:30pm

1. What, where, when and how was this professional development seminar about? 5-6 sentences

The *Pave Your Way- Career Planning 101* seminar was created to help students discover what it takes to pursue a passion and prepare for future jobs. The seminar took place via Zoom on March 7, 2023 at 3:30pm to 4:30pm where individuals were able to register to attend the event via the Handshake app. It provided viewers with helpful guides and resources in order to support them in making decisions to achieve their career goals.

2. What did you learn by attending this seminar in detail? 5-6 sentences

It was a very informative seminar in which the main speaker, Christopher Millington, spoke about the benefits of career planning. One thing that he spoke about that completely stood out to me was that in order to create a career for oneself, one must have to understand who they are as an individual. One must know their values, interests, personality, and skills and see if it can apply into a meaningful career. Christopher also provided viewers with a roadmap for career success which was also very helpful since many individuals tend to be lost in where they can go after graduating. It was really informative because it can be pretty overwhelming when one is lost and doesn't know where to directly take oneself after successfully completing their bachelors.

3. How did this professional development seminar enhance your career moving forward? (5-6 sentences)

This seminar actually taught me that picking a career based on who you are and your personality is the way to go. It's the way you will succeed and feel content with what you do. This seminar also made me confident in going into the workfield that I have chosen for myself. It made me realize that I have the ability to strengthen my communication skills and that my hard work will eventually pay off at the end. The PDC staff also provided students with a Professional Competency Self-Assessment Worksheet which helps one reflect on eight-competencies. This helps individuals know where they stand, professionally. Examples of this include Critical Thinking, Technical Application, Leadership, Career Management, etc. It showed me what I need to develop and what I am currently excelling at. It is definitely a tool that I will keep as I move forward into my career.

4. What would you tell other students about this seminar and why should they attend? (5-6 Sentences)

I would inform students to attend because it really is informative and helpful. If one does not know where they are headed towards, this will definitely help. The Professional Development Center provides so many resources that will benefit one in the future. I also recommend students to join as early as possible just to have different choices if their first plan does not work out. It is also helpful in helping individuals find themselves and things that they like.