

**Common Goals:** Strength, Vitality, Flexibility, Weight Management, Etc.

**Values:** Safety, Injury Prevention, Accountability, Progress, Motivate, Etc.

# Fitness Discourse Community Map

**Specialized Vocabulary:**  
Aerobic, Circuit,  
Concentric, Eccentric, Etc.

**Specialized Genre:**  
Gyms, Recreation  
Centers, Parks, Etc.