Margaret Atwood (b. 1939) is a Canadian writer of poetry and fiction. Born in Ottawa, Ontario, she spent the first eleven years of her life in the sparsely settled “bush” country of northern Ontario and Quebec, where her father, an entomologist, did research. She remembers that

I did not spend a full year in school until I was in Grade Eight. I began to write at the age of five—poems, “novels,” comic books, and plays—but I had no thought of being a professional writer until I was sixteen. I entered Victoria College, University of Toronto, when I was seventeen and graduated in 1961. I won a Woodrow Wilson Fellowship to Harvard, where I studied Victorian literature, and spent the next ten years in one place after another: Boston, Montreal, Edmonton, Toronto, Vancouver, England, and Italy, alternately teaching and writing.

Atwood’s first poem was published when she was nineteen. To date, she has published four collections of short stories, several novels—including the best-sellers Surfacing (1972), The Handmaid’s Tale (1986), Cat’s Eye (1989), The Robber Bride (1993), Alias Grace (1996), The Blind Assassin (2000; Booker Prize), and Oryx and Crake (2003)—and more than a dozen books of poetry. She was encouraged to write as a young woman because Canadians of her generation felt a strong need to develop a national literature.

Atwood has compared writing stories to telling riddles and jokes, all three requiring “the same misleading buildup, the same surprising twist, the same impeccable sense of timing.” She took pleasure in writing “Happy Endings,” but she was puzzled by the form the story took. She has said,

When I wrote “Happy Endings”—the year was, I think, 1982, and I was writing a number of short fictions then—I did not know what sort of creature it was. It was not a poem, a short story, or a prose poem. It was not quite a condensation, a commentary, a questionnaire, and it missed being a parable, a proverb, a paradox. It was a mutation. Writing it gave me a sense of further glee, like scribbling anonymously on a wall with no one looking.

This summer I saw a white frog. It could not have been startling if I didn’t know that species of frog is normally green. This is the way such a mutant literary form unsettles us. We know what is expected in a given arrangement of words, we know what is supposed to come next. And then it doesn’t.

It was a little disappointing to learn that other people had a name for such aberrations (metafiction), and had already made up rules.

Related Commentary: Margaret Atwood, “Reading Blind,” page 1408.

Margaret Atwood

Happy Endings

John and Mary meet.
What happens next?
If you want a happy ending, try A.

A

John and Mary fall in love and get married. They both have worthwhile and remunerative jobs which they find stimulating and challenging. They buy a charming house. Real estate values go up. Eventually, when they can afford live-in help, they have two children, to whom they are devoted. The children turn out well. John and Mary have a stimulating and challenging sex life and worthwhile friends. They go on fun vacations together. They retire. They both have hobbies which they find stimulating and challenging. Eventually they die. This is the end of the story.

B

Mary falls in love with John but John doesn’t fall in love with Mary. He merely uses her body for selfish pleasure and ego gratification of a tepid kind. He comes to her apartment twice a week and she cooks him dinner, you’ll notice that he doesn’t even consider her worth the price of a dinner out, and after he’s eaten the dinner he fucks her and after that he falls asleep, while she does the dishes so he won’t think she’s untidy, having all those dirty dishes lying around, and puts on fresh lipstick so she’ll look good when he wakes up, but when he wakes up he doesn’t even notice, he puts on his socks and his shorts and his pants and his shirt and his tie and his shoes, the reverse order from the one in which he took them off. He doesn’t take off Mary’s clothes, she takes them off herself, she acts as if she’s dying for it every time, not because she likes sex exactly, she doesn’t, but she wants John to think she does because if they do it often enough surely he’ll get used to her, he’ll come to depend on her and they will get married, but John goes out the door with hardly so much as a good-night and three days later he turns up at six o’clock and they do the whole thing over again.

Mary gets run-down. Crying is bad for your face, everyone knows that and so does Mary but she can’t stop. People at work notice. Her friends tell her John is a rat, a pig, a dog, he isn’t good enough for her, but she can’t believe it. Inside John, she thinks, is another John, who is much nicer. This other John will emerge like a butterfly from a cocoon, a Jack from a box, a pit from a prune, if the first John is only squeezed enough.

One evening John complains about the food. He has never complained about the food before. Mary is hurt.
Her friends tell her they’ve seen him in a restaurant with another woman, whose name is Madge. It’s not even Madge that finally gets to Mary: it’s the restaurant. John has never taken Mary to a restaurant. Mary collects all the sleeping pills and aspirins she can find, and takes them and a half a bottle of sherry. You can see what kind of a woman she is by the fact that it’s not even whiskey. She leaves a note for John. She hopes he’ll discover her and get her to the hospital in time and repent and then they can get married, but this fails to happen and she dies.

John marries Madge and everything continues as in A.

C

John, who is an older man, falls in love with Mary, and Mary, who is only twenty-two, feels sorry for him because he’s worried about his hair falling out. She sleeps with him even though she’s not in love with him. She met him at work. She’s in love with someone called James, who is twenty-two also and not yet ready to settle down.

John on the contrary settled down long ago: this is what is bothering him. John has a steady, respectable job and is getting ahead in his field, but Mary isn’t impressed by him, she’s impressed by James, who has a motorcycle and a fabulous record collection. But James is often away on his motorcycle, being free. Freedom isn’t the same for girls, so in the meantime Mary spends Thursday evenings with John. Thursdays are the only days John can get away.

John is married to a woman called Madge and they have two children, a charming house which they bought just before the real estate values went up, and hobbies which they find stimulating and challenging, when they have the time. John tells Mary how important she is to him, but of course he can’t leave his wife because a commitment is a commitment. He goes on about this more than is necessary and Mary finds it boring, but older men can keep it up longer so on the whole she has a fairly good time.

One day James breezes in on his motorcycle with some top-grade California hybrid and James and Mary get higher than you’d believe possible and they climb into bed. Everything becomes very underwater, but along comes John, who has a key to Mary’s apartment. He finds them snored and entwined. He’s hardly in any position to be jealous, considering Madge, but nevertheless he’s overcome with despair. Finally he’s middle-aged, in two years he’ll be bald as an egg and he can’t stand it. He purchases a handgun, saying he needs it for target practice — this is the thin part of the plot, but it can be dealt with later — and shoots the two of them and himself.

Madge, after a suitable period of mourning, marries an understanding man called Fred and everything continues as in A, but under different names.

D

Fred and Madge have no problems. They get along exceptionally well and are good at working out any little difficulties that may arise. But their charming house is by the seashore and one day a giant tidal wave approaches.

Real estate values go down. The rest of the story is about what caused the tidal wave and how they escape from it. They do, though thousands drown, but Fred and Madge are virtuous and lucky. Finally on high ground they clasp each other, wet and dripping and grateful, and continue as in A.

E

Yes, but Fred has a bad heart. The rest of the story is about how kind and understanding they both are until Fred dies. Then Madge devotes herself to charity work until the end of A. If you like, it can be “Madge,” “cancer,” “guilty and confused,” and “bird watching.”

F

If you think this is all too bourgeois, make John a revolutionary and Mary a counterespionage agent and see how far that gets you. Remember, this is Canada. You’ll still end up with A, though in between you may get a lustful brawling saga of passionate involvement, a chronicle of our times, sort of.

You’ll have to face it, the endings are the same however you slice it. Don’t be deluded by any other endings, they’re all fake, either deliberately fake, with malicious intent to deceive, or just motivated by excessive optimism if not by downright sentimentality.

The only authentic ending is the one provided here:

John and Mary die. John and Mary die. John and Mary die.

So much for endings. Beginnings are always more fun. True connoisseurs, however, are known to favor the stretch in between, since it’s the hardest to do anything with.

That’s about all that can be said for plots, which anyway are just one thing after another, a what and a what and a what.

Now try How and Why.