

Facts on Body Piercings

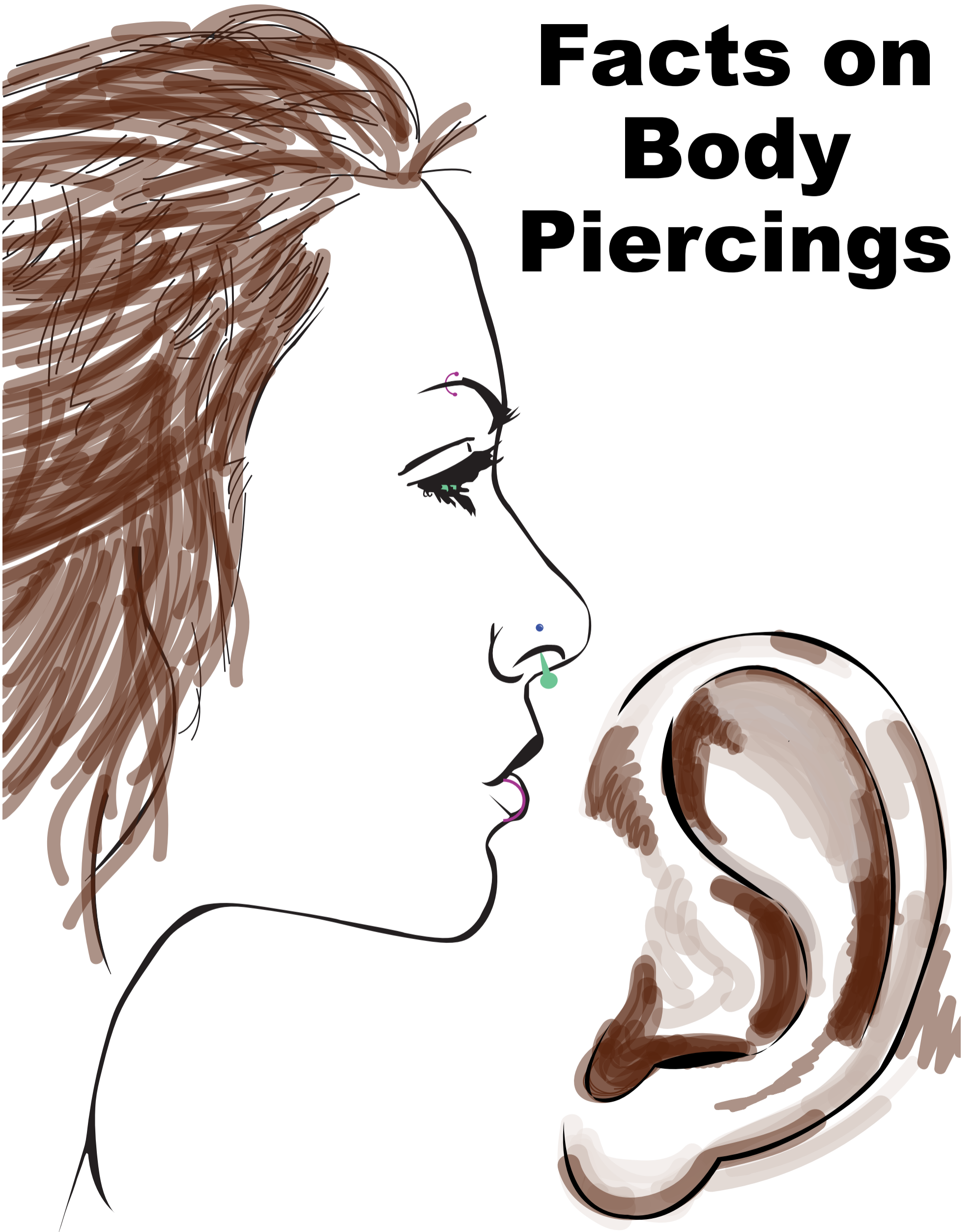
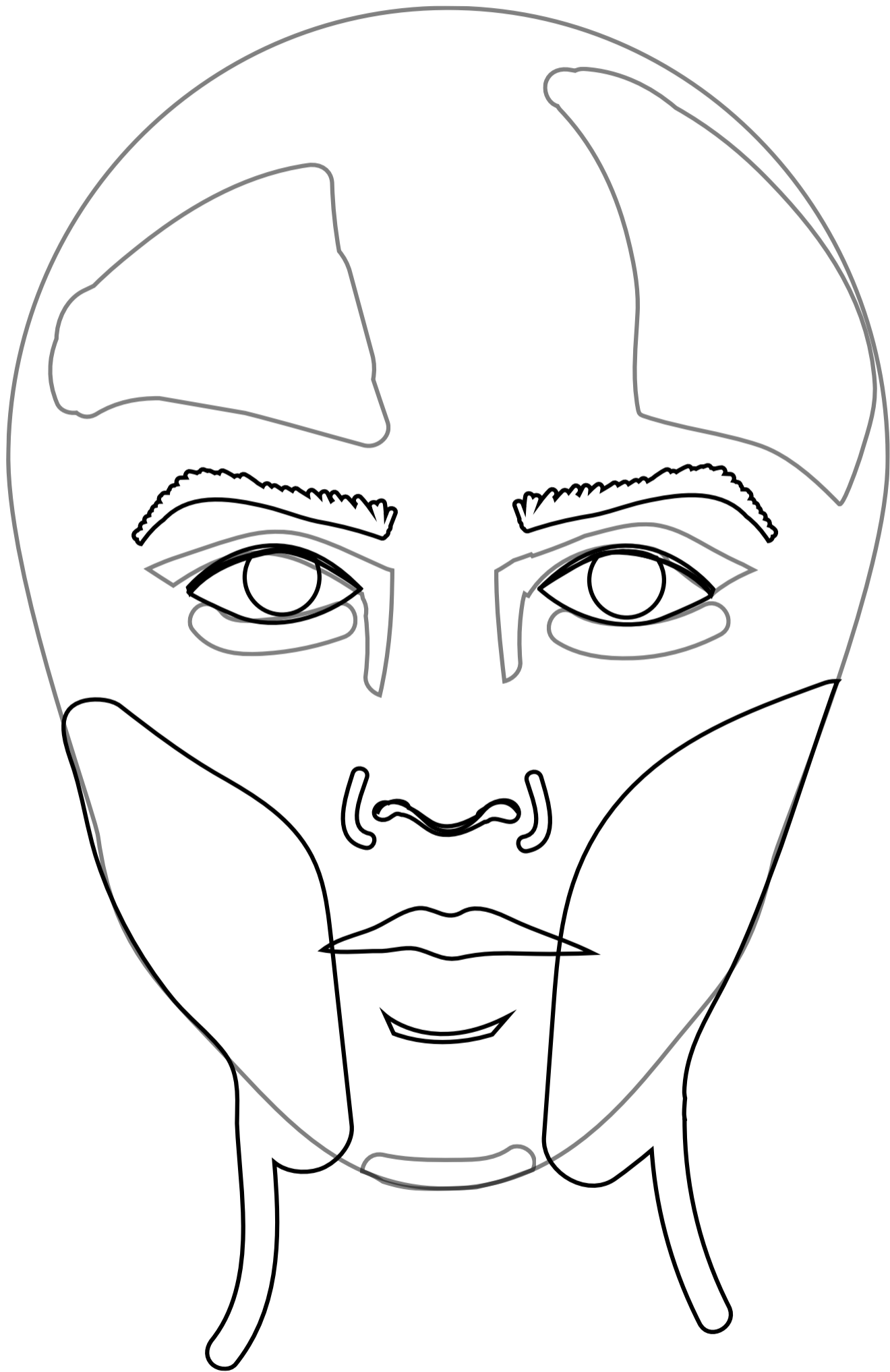


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Tongue Piercings

1

Ask the piercer to check your veins before getting pierced. If your veins under your tongue are too close together it is better if you don't get snake eyes because if the metal pierces your veins you can become mute.

2

Could affect speech

3

Rinse with salt water 12 times a day.
(Alternative: mouth wash.)

4

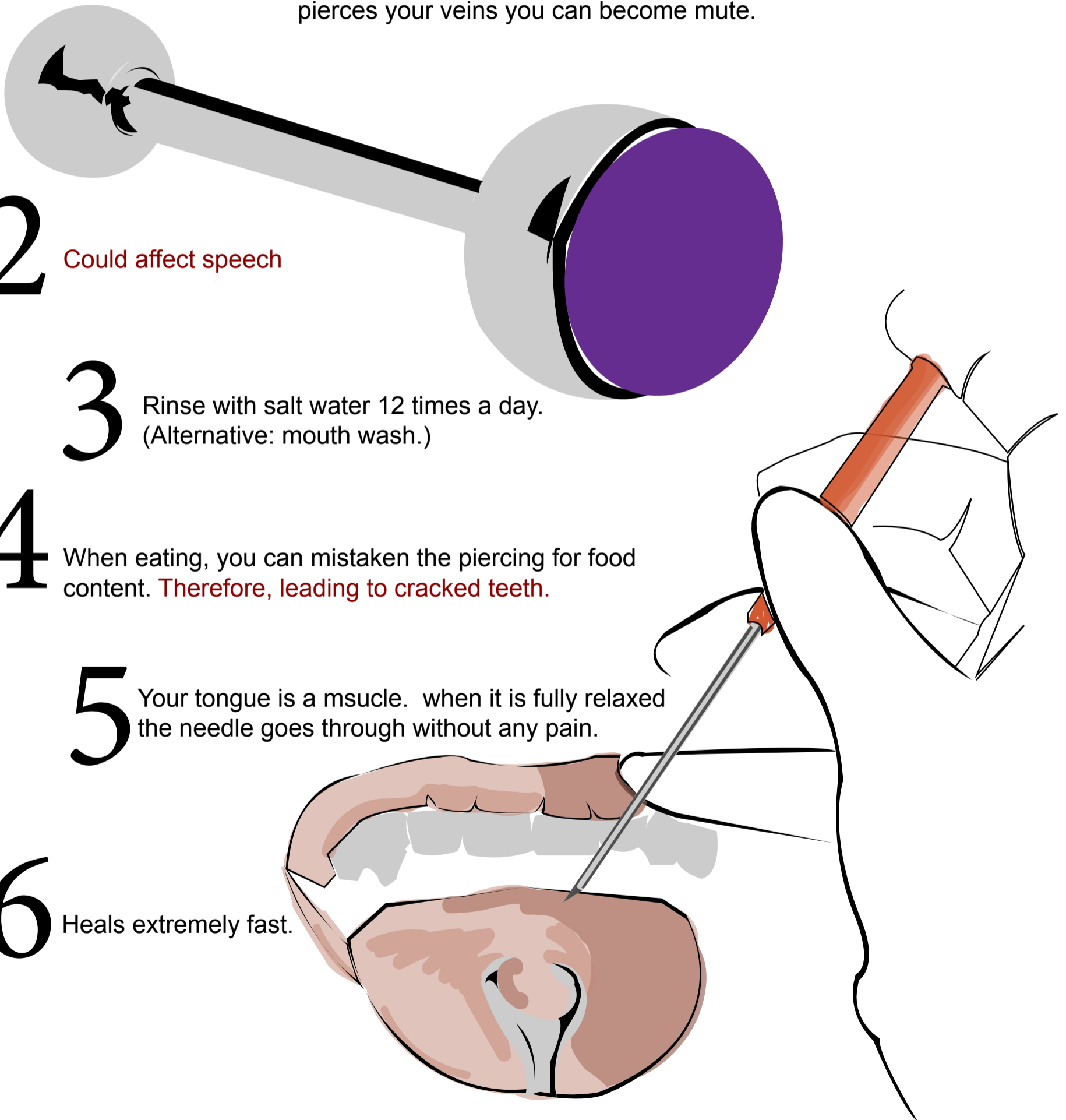
When eating, you can mistaken the piercing for food content. Therefore, leading to cracked teeth.

5

Your tongue is a muscle. when it is fully relaxed the needle goes through without any pain.

6

Heals extremely fast.



Ear Piercings

1

Not recommended to pierce an infant's ears because their ears are not fully developed.

2

Acupuncture experts believe that eyesight and better vision are directly linked to ear lobes.

3

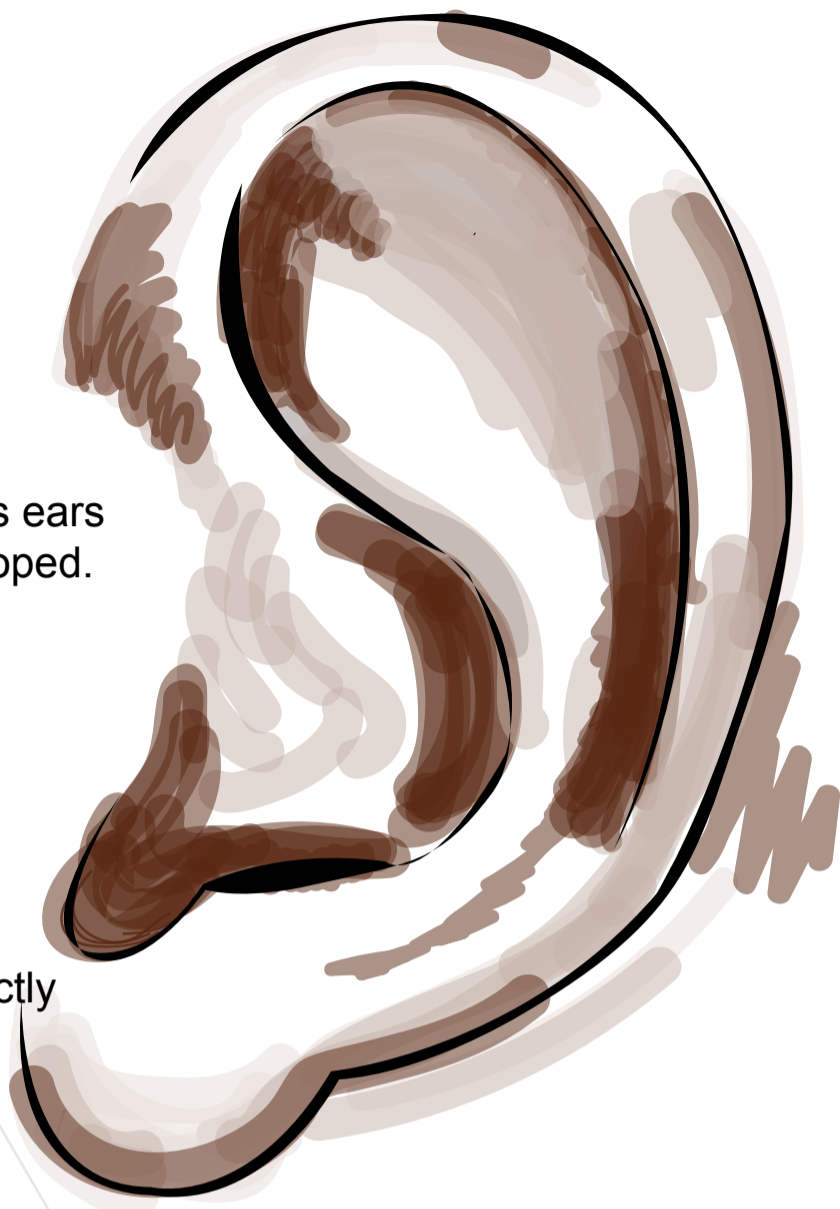
Ear lobes have a point located right in the middle of the lobe that helps in regulating menstrual cycle of females and healthiness of male reproductive organ.

4

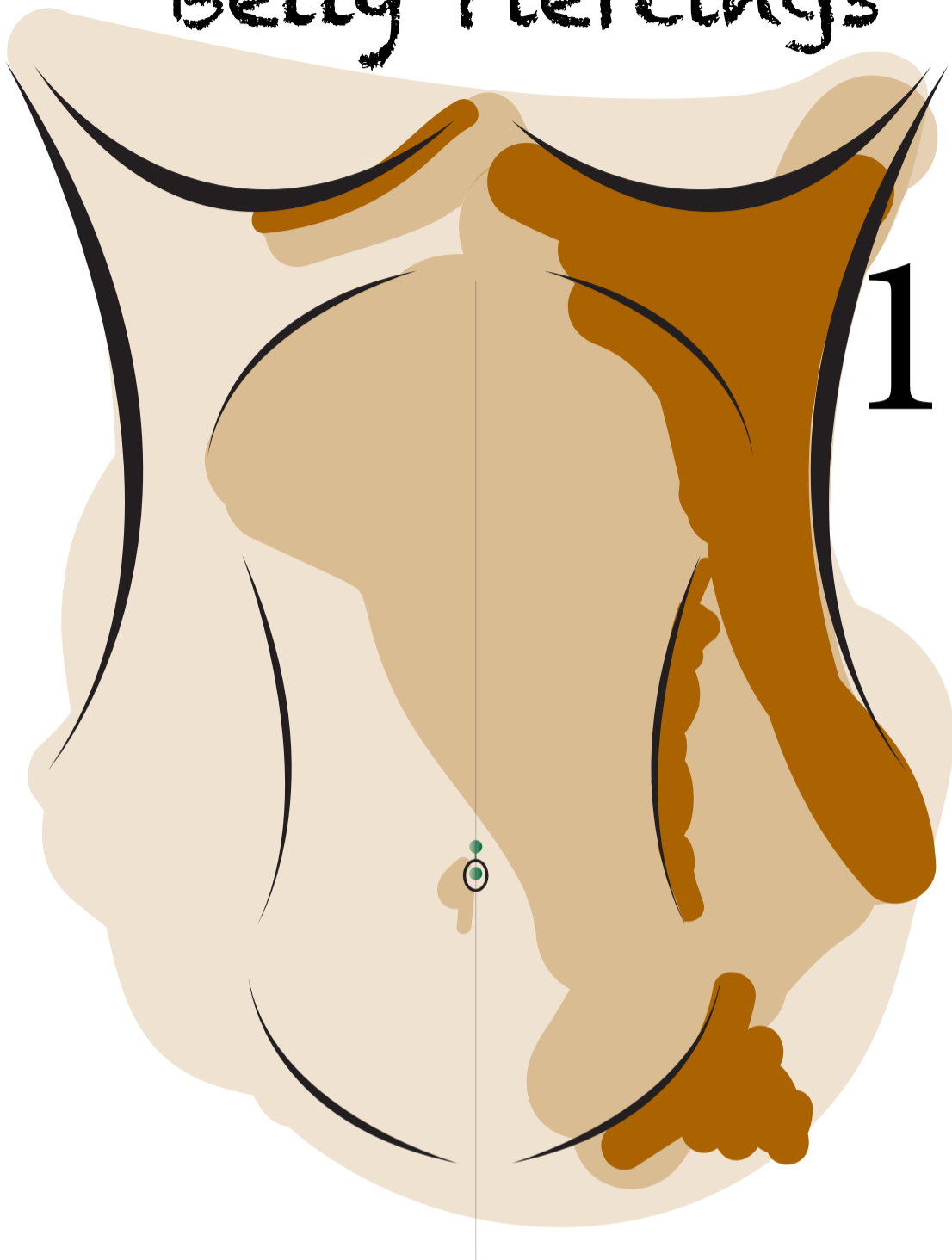
Back then getting your ears pierced was a cultural tradition, whereas nowadays it is a fashion statement.

5

Ear piercing is believed to be a permanent cure of ailments like hydrocele and hernia in males.



Belly Piercings



1

Deep breathing throughout the piercing procedure is highly important as it keep you calm and increases comfort.

2

Make sure that everything is opened new and they clean everything with alcohol.

3

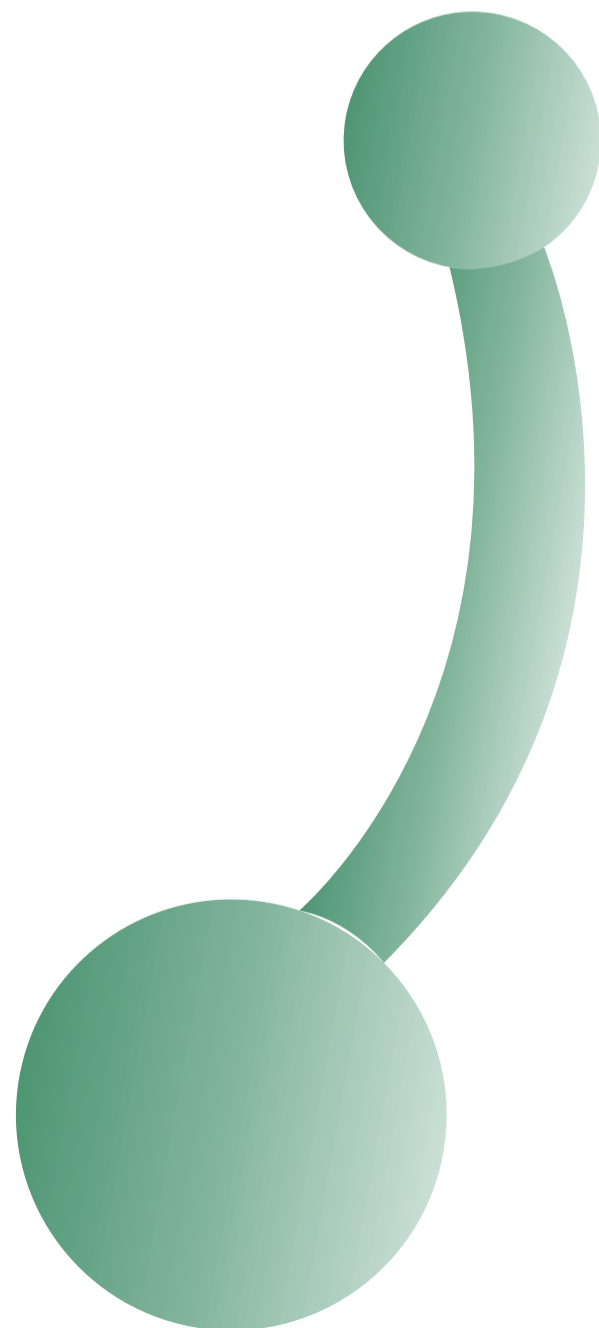
Wear lightly fitted clothes over to allow the piercing to breath

4

You can get **swelling** and **pain** if your body rejects the piercing.

5

Stainless steel jewlery is the best to prevent irritation.



Nipple Piercings



1 Healing process is different for everyone since everyone's body is different. (minimum of three for men and six for women)

2 You have to wear sports bras because regular bras hurt

3 You can walk around braless and because you have nipple rings people will stare but you won't feel so braless

4 Makes your nipples super sensitive

5 A nipple ring should not hurt if it is pierced properly. after a few days you feel your nipples have a heartbeat of its own

6 You have complications with getting dressed

Nose Piercings

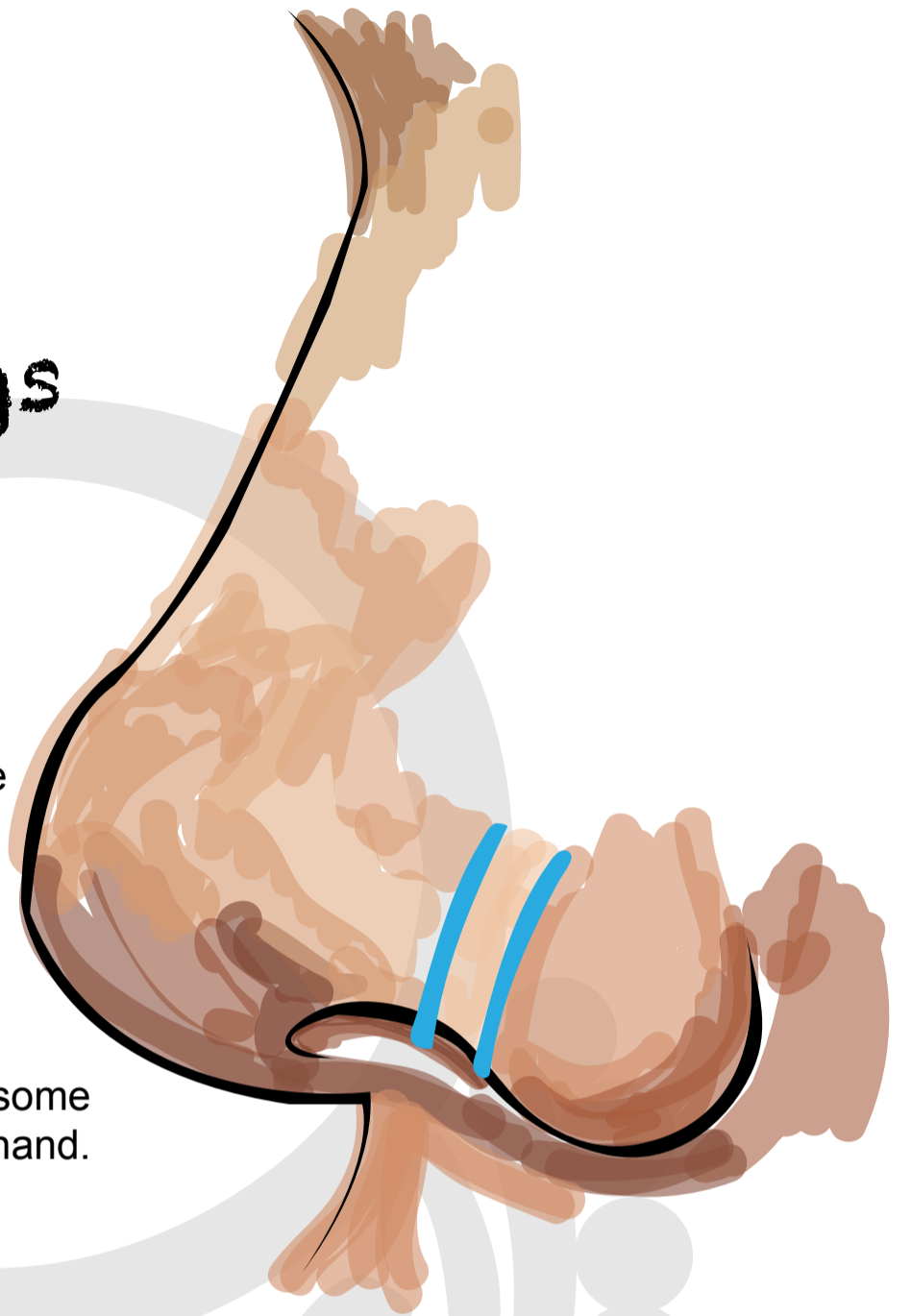
1 The **worst part** about getting your nose pierced is the clamps they use to help guide the needle.

2 If you are allergic to the metal, which some people are, inform the piercer before hand.

3 After getting pierced underneath your nose and the tip of your nose will be **extremely sensitive**.

4 Clean twice a day with saline solution. (Alternative for saline solution: 1/4 teaspoon seasalt 4 oz. of water.)

5 Septum piercings: you can blow your nose regularly but its best to use a q-tip for better clean.



Lip Piercings

1

If you want to take your lip ring out for good, just know that it will leave a hole in your lip.

2

After getting your lip pierced, **your lip will be swollen**

3

Make sure your mouth is cleaned before going to get your lip pierced.

4

If you get an infection in your lip piercing **DO NOT remove the jewelry**. It is the only thing allowing the piercing to drain

5

use 50% mouthwash and 50% water to keep it clean

