

DATE:	4/1/2024		
PROD. #:	1	PRODUCTION TITLE:	Why College Student Mental Health Matters
DIRECTOR:	Angel Padilla	PRODUCER:	Angel Padilla

SHOT LIST

SHOT #	SCENE #	TYPE OF SHOT	ONE LINE DESCRIPTION	
1	1	CS	Intro is filmed, the topic of the film is revealed	2/25
2	2	CS	Introducing how my perspectives will help out	3/15
3	3	CS	Talking about the adversity of the pandemic	3/15
4	4	CS	Talking about transition online to in person courses	3/15
5	5	CS	My friend's perspectives on the pandemic	3/15
6	6	CS	Explaining how the relatability made me feel better	3/15
7	7	CS	Encouraging message/introducing destressing tips	3/15
8	8	CS	Introducing destressing tips	3/15
9	9	CS	Opening up about physical media/vinyl collection	3/25
10	10	CS	Talking about ambient/meditative music	3/25
11	11	CS	Teaching breathing exercise while playing music	3/25
12	12	CS	Introducing new destressing method: creative writing	3/26
13	13	CS	Talking about how I jot my thoughts down	3/26
14	14	CS	Analyzing how writing has helped me a lot	3/26
15	15	CS	Student feedback explanation (how it worked for me)	3/26
16	16	CS	Talking about my favorite book + connecting it to real life	3/26
17	17	CS	Talking about the benefits of creative escapism	3/26
18	18	ES	Introducing new destressing method: daily walks (b-roll)	3/3
19	19	ES	More b-rolls/establishing shots introduced	3/3
20	20	CS	Concluding everything	2/25
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