

WEEK	TOPICS	LECTURE	FILMS	READINGS	READING & QUIZ DATES	QUIZ	ASSIGNMENTS	ASSIGNMENT DUES DATES	ONLINE CLASS MEETINGS
Week One: 2/2; 2/4	Course Overview; Introduction to Health Psychology	Biopsychosocial Model and Emotional Well-Being				N	Respond to Classroom Policies/Reflection on OpenLab	2/9/2016	
Week Two: 2/11	Health Psychology and Research Methods	Scientific Method and Research Types		Intro to Health Psych; The Scientific Method	2/11	Y (2)			
Week Three: 2/16; <u>2/18</u>	Race: Biological and Social Views		Race the Power of Illusion: The Difference Between Us	Race	2/16	Y	OPENLAB: Film Pre-Viewing Activity	2/16/2016	2/18/2016 OPENLAB: Film Post-Viewing Activity BLACKBOARD: Post-Viewing Essay
Week Four: 2/23; 2/25	Theories of Health Behavior and Change	Theories of Health Behavior and Change		Models for Positive Change	2/23	Y	1) PhotoVoice: Image assignment for health behaviors 2) In-class group worksheet	2/25/2016	
Week Five: 3/1; <u>3/3</u>	Health, Race, and Social Justice	Dr. Rob MacDougal: Philosophy and Health Care Ethics		Public Health; Global Health; Descriptive Epidemiology	3/1	Y			3/3/2016 LIVEWELL: Exercise BLACKBOARD: Article Selection via PsychInfo
Week Six: 3/8; 3/10	Stress Responses and Coping Mechanisms	Stress and Coping	Unnatural Causes: When the Bough Breaks	Stress and the Body: Stress and Immunity	3/8	Y	1) OPENLAB: Film Pre-Viewing Activity 2) OPENLAB: Film Post-Viewing Activity	3/8/2016 3/12/2016	
Week Seven: 3/15; <u>3/17</u>	HIV/AIDS	Dr. Gwen-Cohen Brown: HIV/AIDS		HIV/AIDS	3/15	N			3/17/2016 COMPUTER PROGRAM: I'm Positive BLACKBOARD: I'm Positive Paper

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Week Eight: 3/22; 3/24	-Social Class in the U.S. -Understanding and Treating Chronic Illness	Introduction to Chronic Illness Template	Unnatural Causes: In Sickness and in Wealth	Stratification-Katherine Carter Experience of Illness	3/22 3/24	N Y	Film: Pre-Viewing Activity Film: Post-Viewing Activity	3/22/2016 3/24/2016	
Week Nine: 3/29; <u>3/31</u>	Race: Historical U.S Roots		Race the Power of an Illusion: The Story We Tell	n/a	n/a	n/a	Film: Pre-Viewing Activity LiveWell: Nutrition	3/29/2016 3/29/2016	3/31/2016 OPENLAB: Post-Viewing Activity BLACKBOARD: Post-Viewing Essay
Week Ten: 4/5; 4/7	Cardiovascular Disease	Cardiovascular Health: Biopsychosocial Perspectives		Effects of Exercise on the Heart	4/5	Y	In-Class: Chronic Illness Template PAPER: Journal Article Critique	4/7/2016	
Week Eleven: 4/12; 4/14	Chronic Pain Disorders	-Chronic Pain: Biopsychosocial Perspectives -Student Advocate for Fibromyalgia		Fibromyalgia	4/14	N	OPENLAB: Guest Lecturer Questions and Reflections	4/14/2016	
Week Twelve: 4/19; <u>4/21</u>	Cancer	Cancer Types and Treatments: Biopsychosocial Perspective		Cancer Overview	4/19	N	In-Class: Chronic Illness Template	4/14/2016	4/21/2016 BLACKBOARD: Health Website Evaluations
Week Thirteen: 5/3; 5/5	Health Psychology: Professional Tracks of Research and Practice	Ms. Alexandra Nobel, MA: The Role of the Health Psychologist		n/a	n/a	n/a	LiveWell: Stress Management LiveWell: Reflection Paper/Images	5/3/2016 5/5/2016	
Week Fourteen: 5/10; <u>5/12</u>	Race: Economic Divides and Future Directions		Race the Power of an Illusion: The House we Live In	n/a	n/a	n/a	OPENLAB: Film Pre-Viewing Activity	5/10/2016	5/12/2016 OPENLAB: Post-Viewing Activity BLACKBOARD: Post-Viewing Essay
Week Fifteen: 5/17; 5/19	Course Wrap-Up: Seminar Discussion								5/19/2015-5/26/2019 FINALS