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**Psychology 3405**

1. Define Health
2. Different models of health
3. Determinant of health
4. Health culture
5. Open lab challenge

**MS (Multiple Sclerosis)**- Persistent neurological disease caused by deterioration in the nerve fibers of Ganglia causing fine tremors and rigidity in nerve fibers.

-Mind-body (psychosomatic)

-Who-absence illness health

-Wellness->Quality of life

-Social ecological

Bio (study of)psycho (mind/thinking)social (interaction) = Biopsychosocial

**Determinants of Health**

1. Individual/Demographic- Age, gender, height, weight, etc.
2. Family/Culture- Doing the same as others.
3. Physical Environment-Public transportation, pollution.
4. Social Environment- Support, medical care, school system.

Ethno-pharmacologists

Talk about a setting or a place where health knowledge can be applied in our everyday life and discuss it on open lab.