As written by Isilita

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**Reminders**

Open lab discussion post due the 12th.

Live well assignment due the 19th – www. Livewellcollege.com

* Username and password is the same as Open Lab.
* Wait at least 3 weeks before completing the next live well assignment.

**The documentary RACE - The Power of an Illusion was viewed in class.**

Some notes from the documentary are as follows.

* For several hundred years we have used visual differences such as skin color, hair form, body shape and eye shape to classify people in to four or five different groups we call races.
* The idea of race assumes that simple external differences are rooted to more complex internal differences like athletic abilities, intelligence and musical aptitude.
* The above theory is based on the idea that race is biologically real.
* They are no genetic markers to define race.
* Race is not based on biology but rather an idea that we have ascribed to biology.
* We fail to realize that race is an idea that has evolved over time and has a history. It is structured by a society to further certain political and economic goals.
* Human variation in our genes is the genetic differences both within and among the population. There may be multiple variants of any given gene in the human population.
* In the documentary students were to be tested for their DNA to compare similarities and differences amongst each other.