PSY3405 D931 “Great Expectations”

**You will need:**

1. One (1) volunteer (*willing* to participate for about 5 minutes time)
2. Two (2) lists of words (provided)
3. One (1) set of instructions
4. Smartphone for video (preferred, not necessary)
5. Watch (stopwatch, or you may use your phone)
6. YouTube Account
7. Access to OpenLab

**Instructions:**

1. Please identify one willing volunteer. Let them know that the project will a) take only 3 minutes of their time and that b) you will video record them for about 10-15 seconds. If they are not willing, do not force them. Instead, just go find another willing individual.
2. Give your volunteer the first list of random words. Instruct them that they have 30 seconds to try and memorize the words on the sheet (use your phone, watch, or stopwatch to keep track of those 30 seconds!).
3. After the 30 seconds, take the list back from the volunteer and ask them to say out loud the words they remember from the list. Do NOT try and help your volunteer remember the words. We are trying to see how many they are able to recall after only seeing them for 30 seconds.
4. Please write down the number of words they got correct.
5. After this task is complete, you will talk with your volunteer about “Tricks to Remembering”
	1. First, SMILE! Tell them they did a good job. Encourage them by emphasizing how many they got *right* and then state that you REALLY want them to do better the second time around.
	2. \*\*Then, tell them that you’ve learned some tricks about memory in Psychology class that may be useful. Suggest that they try and make a story about the words on the list FOR EXAMPLE SAY: “Try to create a story that begins with a nurse using a bat to hit a doughnut. An outfielder must run to catch the doughnut but trips over a computer or something like that!” Or suggest that they try and chuck the information by alphabetizing those words.
	3. Third, after you’ve encouraged them and shared that you think your “Tricks for Remembering” really work, let them know they will be given a second chance to test their memory skills.
	4. At this point, also let them know that you will video-record their second attempt, since they are ready to remember a bit better using you clever psychology tricks ☺
6. Give your volunteer the second set of words. Allow them 30 seconds to study. (At this point, you should have your camera phone out and ready).
7. After the 30 seconds are up, please video record your volunteer saying the words that they remember form the second list.
8. Please write down the number of words they got correct.
9. Your volunteer is now done. You may want to thank them for their time.
10. NOW calculate your volunteer’s “SCORE”. This will be the *difference* between the second and first numbers you wrote down. SUBTRACT the number of words correct from the 1st trail from the number of words correct the second trial.

For example, if the first time the person remembered 3 words and then the second time remembered 5 words their score is 2. (5-3=2) OR if they got 4 the 1st time and 4 the 2nd time, then their score is 0 (4-4=0) OR if they got 5 the 1st time and 3 the 2nd time, then their score is -2 (3-5=-2).

1. Your last task is to upload your video to YouTube and on OpenLab share your link as well as your score.
	1. Score’s should be reported as followed:

Under the Placebo Experiment tab on OpenLab post a reply that contains your YouTube and score. It should look like this:

1) “<http://www.youtube.com/mysuperawesomehealthpsychvideo>”

2) Course Section (D932 or D931)

3) Score