

Alice Garcia

Philosophy of Nursing

NYCCT

*My Philosophy of Nursing*

My Personal approach to the facet of nursing Philosophy has been formed through my years of nursing schooling and experiences. The School of Nursing acknowledges and embraces care, compassion, empathy, education, trust in a professional approach. The nursing program has provide me personally with a strong broad nursing foundation in which has allowed me to demonstrate my skills, as a critical thinker, a culturally sensitive individual, educator, knowledgeable care coordinator, advocate, safety and most of all provide the best quality care all my patients and family in diverse care environments. The School of nursing has contributes to the mission of health and human self-respect, by teaching professional nurses to develop collaborative partnerships among other professions.

Baccalaureate nursing education focus on delivering education and schooling that prepares graduating BSN students for evidence-based nursing practice knowledge, EBP readiness and EBP implementation that contributes to increased nurses expectation in research finding to make better clinical decisions to interact with clients and family to increase patient safety and a better health care. According to Watson's Human Caring Theory, this theory of care requires the nurse to put themselves "in the patient shoes" to be able to understand and deliver complete care. It is more than physical interaction it involve caring for an individual physical well being, emotionally, spiritual and social interaction this will bring fullest gratification to the person involve in the healthcare. Furthermore, nursing is more than just a profession; the pioneer of nursing theorists, Florence Nightingale (1860) also viewed nursing as calling. (Cherry & Jacob, 2005) She was a major advocate for improving quality care and helping others.

My mission of philosophy of Nursing is embracing the art of knowledge as a caregiver, advocating introducing health promotion to all patients for a better lifestyle practice. As a professional nurse, I will always embrace care, compassion, empathy, education and genuine trust in an ongoing professional approach.

Reference:

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