

***I HATED EVERY MINUTE OF TRAINING  
BUT I SAID DONT QUIT  
SUFFER NOW AND LIVE THE REST OF YOUR LIFE AS A***

**CHAMPION**

A photograph of a person celebrating, with their arms raised and mouth open in a shout or cheer. The image is framed by the large, stylized word 'CHAMPION' in a bold, black-outlined font. The background of the photo is a clear blue sky.