

# You Paid For It, Use It!:

Resources + Services

City Tech 101  
Prof. Jessica DeCoux  
Session 4 / March 1  
Spring 2022

# Today's Topics

College Success

Asking for Help

Getting Involved

Resources + Services at City Tech

Navigating the City Tech Website



College

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Success



# Three Keys to Success

1. Work Smart!
2. Ask for Help!
3. Get Involved!



**Asking for Help!**

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**What are some factors that might make a student less likely to ask for help?**

# Asking for help is NOT...

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- A sign of weakness
- A sign of failure
- A sign that you don't belong in college

# Asking for help is...

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- Responsible
- Proactive
- Strong
- Healthy
- Normal
- Necessary

**You and your education are valuable, and  
you deserve support.**





# Get InInvolved!

# Getting Involved...

1. Helps you make friends
2. Helps you find more community support
3. Makes school about more than just classes

**Please use the Jamboard to  
show the group a service  
you predict you might use or  
a way you might want to get  
involved!**

<https://jamboard.google.com/d/1ORw0u3oPS5j65TTsN3GcR7rwNVWhnNnVpW-qm0VX8Xo/edit?usp=sharing>



**Resources  
+ Services  
@City Tech**

# Academic Resources + Services

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# Tutoring

- [Atrium Learning Center](#)
- [Writing Center](#)
- [Comprehensive Tutoring Schedule](#)
- [Department-Specific Tutoring \(example\)](#)
- [Self-Paced Department Resources \(example\)](#)
- [CircleIn](#)

# Professor Office Hours

- Questions from class
- Questions about careers
- Questions about majors or tracks
- Questions about advisement
- Questions about college or City Tech

# Peer Leaders + Mentors

- Math Peer Leaders
- Perkins Peer Advisement



# City Tech Library

- Reference Desk
- Ask A Librarian
- Research Guides
- Technology Loans
- Reserve Materials
- Scanning + Photocopies
- LGBTQ+ Resource
- [Website](#)

# Center For Student Accessibility

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- If you had an IEP in high school
- If you have any type of disability
- If you are sick or unable to attend classes for more than a day or two
- [Website](#)

*City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state and city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility or would like to seek accommodation services or academic adjustments, you can leave a voicemail at 718-260-5143, send an email to: [Accessibility@citytech.cuny.edu](mailto:Accessibility@citytech.cuny.edu), or visit the Center's website at <http://www.citytech.cuny.edu/accessibility/> for more information.*

# Comprehensive Programs

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# Full Service

- ASAP
- SEEK
- CUNY EDGE

# Administrative Resources + Services

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# College Administration

- Registrar
- Bursar
- Financial Aid
- Scholarship & Residency Services
- International Student Services

# Student-Centered Resources + Services

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# First Year Students

- First Year Programs
- FYP Peer Mentors



# Student Leaders

- Student Government Association (SGA)
- NYPIRG
- CUNY ServiceCorps

# Student Clubs + Events

- Student Life + Development (SLD)
- Yellow Jacket Journey (Presence)

# Professional Development Center

- Exploring majors, interests, and values
- Resume and Cover letter critiques
- Interview preparation & Mock interviews
- Graduate School Exploration
- Virtual Workshops & Seminars
- Virtual Informational Sessions with Employers
- Virtual Networking Events
- [Website](#)

# Workshops and Speakers

- Targeted topics
- Experts in different areas
- Department specific

# Technology Resources + Services

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# Computer Labs

- Atrium Learning Center, Library Building, ground floor
- Library, 4th floor
- General Building, 6th floor
- Vorhees, 2nd floor
- [Virtual Computer Lab](#)

# Student Help Desk

[StudentHelpDesk@citytech.cuny.edu](mailto:StudentHelpDesk@citytech.cuny.edu) 718-260-4900

For more info see: <http://it.citytech.cuny.edu/>

- [CUNYFirst](#)
- [CT email + Email Lookup](#)
- [One Drive + Microsoft Office](#)
- [Blackboard](#)
- [OpenLab](#)
- [Zoom](#)
- [Specialized Programs + Tools](#)

# Targeted Resources + Services

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# Counseling Center

Namm Building, Room 108

[counseling@citytech.cuny.edu](mailto:counseling@citytech.cuny.edu) 718-260-5030

- Psychological/Emotional Counseling
- Crisis Counseling
- Help Accessing Resources
- LGBTQ+ Support Group
- Addiction Support
- Workshops on Mental Health, Academic Skills, and more
- By Appointment and Walk-in Hours

# Student Health + Well-Being

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- Community Standards
- Wellness Center
- Pop-up Food Pantry
- Gym
- Public Safety
- Petrie Fund
- Fitness Center/Zoom Fitness Classes

# Affinity Support

- [Black Male Initiative \(BMI\)](#)
- [Veteran Support Services](#)
- [Childcare Center](#)
- [CREAR Futuros](#)

# Class Activity:

1. Look through the presentation  
(link posted in the chat)
2. Find a link you would like to  
follow, and take a few minutes  
to find out more
3. Report what you find to the other  
members of your breakout group

# Navigating the City Tech Website



[www.citytech.cuny.edu](http://www.citytech.cuny.edu)



**Your first step to  
accessing resources**



# Tips for navigation:

1. The search function works, but it isn't completely reliable, and results can be hard to navigate
2. Use the tabs at the top of the page to jump start your search
3. Learning CT vocabulary and Departments can make your search easier (More on this in session 7!)

# Small Group Scavenger Hunt

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Accessing  
Resources  
+ Services

*Directions:*

- Using the information from class today and the City Tech website, find the answers to the following questions.
- The group with the most correct answers at the end of 15 minutes wins!



# SCAVENGER HUNT

<https://docs.google.com/document/d/1l8AWTY5w1oIKzbUYQUqNH1EZKWiOsaY77S1SCUz3Qvc/edit?usp=sharing>

# For next time...

## Complete the reflection

Now that you are midway through the workshop, what questions do you have about becoming a college student? Use the reflection space to ask **four questions** you still have about City Tech, about CUNY, or about student life.