

Karina Ramsey
Dr. Carrie Hall
English 1121
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Inequality between men and women has existed for centuries. In the earlier periods of time men were seen as superior to women. This feeling of superiority still exist today especially in the workplace. For years men of power have taken advantage of women forcing them to have sex with them or touching and speaking inappropriately to them. The development of the #MeToo movement, which is a movement against sexual harassment and sexual assault has raised awareness of the pervasiveness of sexual abuse and assault in society. This is happening way too much and it's time for change. A lot of women stay quiet because they are scared of what will happen to them if they speak out. Often times they are told by men that "no one will believe you." Women are one of the strongest beings on earth and no man should be able take advantage of them and get away with it because society is set up to benefit the men of this world. Time is up, this has always been a women's world and men have managed to exploit their societal given powers against women. This poem lets men know that as strong women we will no longer stand for their nonsense. We as women are stronger than they think and we will stand up together and continue fighting for the equality we deserve even if the odds are stacked against us. We belong too. We are people too. Me too

#MeToo I am a strong women

I am a strong woman
I am a strong women who does not care what
anyone thinks of me
Who stands up for what she believes in
Even if am ridiculed and called mean

I am a strong women
A women nonetheless
So treat me with respect
Treat me like your equal
As someone who can get a seat at any table





I am a strong women
Not your puppet
Not someone you can use because u can
And blackmail later
Because you think you have the power

I am a strong women
God made me with extra strength
To deal with the bullshit
To deal with the problems of you egotistical men

I am a strong women
I will make it in this world
A world not generated to benefit me
But generated for me to serve you

I am a strong women
Do you think because I am a woo-man that I'm any less of a person compared to you
That it's ok for you to abuse your social position to make me scared and make me sleep with you
When I say NO I mean NO

I am a strong women
Do the way I dress provoke you?
Does my skirt scream open for business?
Does my confidence dim your masculinity?





I am a strong women
You think I am weak when I know I'm
strong
You are weak
Weak if you think bragging about taking
advantage of me makes you look strong
I laugh at your ignorance

I am a strong women
Surrounded by other strong women
Other strong women who are brave enough
to stand up against you and your rotten
minds

Men
You are the ones I speak of
The ones who like to say "no one will
believe you"
But you forget the power of strong women
Who will stand to together united
Who can accomplish the impossible
Thrive through adversity
And still look good while doing it
Times up

I am a strong women
Without me there's no you
Remember that
#metoo